

PERSONAL
DEVELOPMENT
ENRICHMENT
2022/23



SAMUEL WARD

AMBITION SUCCESS PERSEVERANCE INSPIRATION RESEARCH EXPERIENCE

ASPIRE

Welcome and guidance

At Samuel Ward Academy we believe that enrichment is a right, not a privilege. Enrichment is a core part of our curriculum and this is why we are dedicating curriculum time to this.

We are delighted to introduce this year's Personal Development Enrichment Programme for Year 7 – Year 11 students. This will be a one-hour super-curricular experience per fortnight, on Friday period 5 in week B. We are offering an array of experiences including creative, cultural, environmental, and physical and emotional well-being activities.

All activities will be appropriate for ages 11-16 as groups will be vertical (mixed year groups). This is an excellent opportunity to try something new, and broaden your horizons. Please take your time to read through the experiences on offer.

Completion of choices

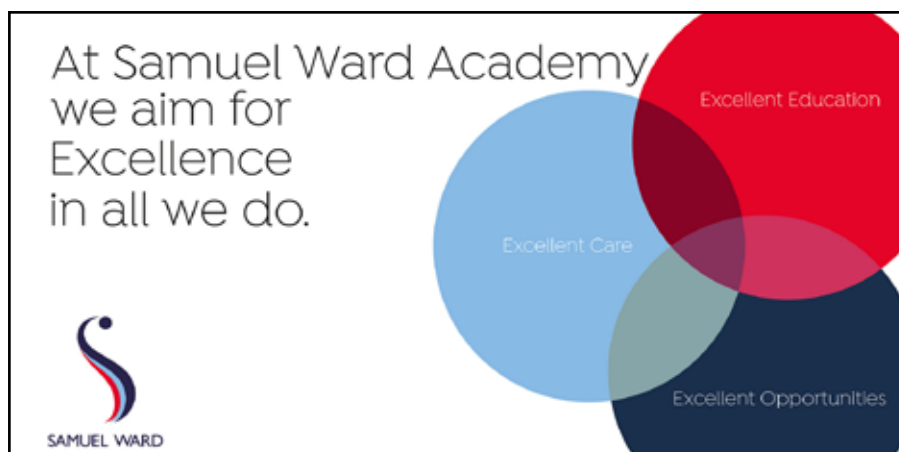
You will choose four enrichment activities for Term 1 (September -December), four for Term 2 (January- March), and four for Term 3 (April-July). These options will be made in the first PD session in September via an email link.

Before the first Enrichment session, you will receive notification of the three enrichment sessions you have been assigned for each term.

- If you are not satisfied with the three you have been assigned please visit Mr Taylor in his office.
- If you are choosing courses that run all year – put them as the same choice for all 3 Terms.
- Apart from the clubs that run all year, you will not be allocated the same club more than once per year.

Oversubscription and undersubscription

We will aim to place your child in one of their top 4 choices; if this is not possible we will speak to your child about other options.



Cultural Experiences:

Start-Up

Students will be given a £10 investment per business idea. Their task is to come up with a business/marketing plan to see their investment grow; any proceeds can go to a charity of choice. You must pay back the original investment.



Ukulele

Singling, strumming & fingerpicking. Ukulele for beginners and upwards.



Samuel Ward Creative Writing Club

Let your creativity flow... with the help of an expert, plan and write stories and let your imagination run wild!



Let's Talk Sport

Let's talk about recent sporting events, league tables, and approaching events.



Japanese Culture & Language

Learn conversational Japanese, write Japanese script and enjoy some cultural activities. eg; Origami.



Books and Biscuits KS3

Reading and discussing a prize-winning novel over a half- term- with refreshments.



Beginners Spanish.

Learn conversational Spanish and explore the Spanish culture.



All Year Course

Film Club KS3

Come and watch and critique some blockbuster films.



Film Club KS4

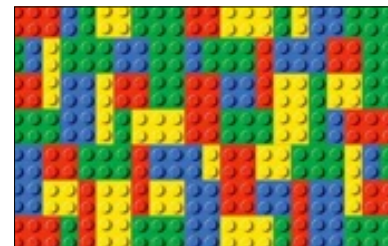
Come and watch and critique some blockbuster films.



Emotional Wellbeing:

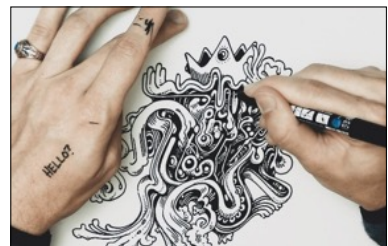
Lego Club

Centered around relaxation, mindfulness and fun to combat stress.



Freestyle Drawing

Destress by drawing free-style on large sheets of paper while music plays to inspire you - draw solo or collaboratively with others.



Artistic Adventures

Come and let your creative ideas flow in the Art Barn.



Physical Wellbeing:

5-a-side Football

Create your own 5-a-side dream teams and compete against each other in a SWA tournament.



Dodgeball KS3

Need I try to sell this one? Come and have fun, and improve your fitness.



Dodgeball KS4

Need I try to sell this one? Come and have fun, and improve your fitness.



Samuel Ward Netball Club

Learn the core skills of netball, work up a sweat, and compete.



Rounders

Come and play rounders in the sunshine.



Just Dance

Do you want to strut your stuff? This is for anyone who wants to let their hair down and dance!



Gym Workout

Do you want to get fitter and faster? Why not spend an hour in the SWA gym.



Running Club

Do you fancy a jog, run, or race? We have beginners, intermediate, and advanced running club offer.



Ramblers Walking club

Pop on your trainers and explore some picturesque walks around rural Haverhill.



Table Tennis club

Ping your way along to table tennis in the gym and test your eye to ball co-ordination in this fast fun game for all.



Duke of Edingburgh Bronze Medal Award Yr 9 only.

A Bronze DofE programme has four sections: Volunteering, Physical, Skills and Expedition. You must do a minimum of three months activity for each of the Volunteering, Physical and Skills sections, and plan, train for and do a two-day, one-night Expedition.



Kung Fu

We are joined by our expert Martial Arts tutor - Liam Bye. If you wish to develop non-combat martial arts skills, please sign up to this exclusive (20 places) enrichment activity.



Fun and Games:

Chess Club

Develop critical thinking and outwit opponents in the ancient 'mind sport' game of chess.



Board Games

Come and play some retro and more modern board games like Monopoly and Uno.



Card Games

Come and play your favourite card games and learn some new ones! Bring your poker face.



Campfire Cooking

Explore the great outdoors; cook on the campfire and explore the school grounds.



Taylor Swift Society (TSS):

Are you a Swifty? Join fellow fans to celebrate this icon.



Creative Experiences:

Mixed Choir

Come and sing a range of songs. This group is for any gender! However, you will need to brush up on your funky moves



The SWA Drama and Performing Arts Club:

Perform, sing, or dance. This is a high energy approach to building confidence and improving self-esteem, whilst having lots of fun!



Mindfulness Colouring

Colouring is a form of meditation; join this session to colour your way to reach a state of calm that relieves your brain from the daily stresses of life.



Science through Art

Exploring scientific concepts through arts and crafts activities such as tie dye, chlorophyll paintings and loads more!



Crochet Club

Come and learn a dying skill, learn the basics of crochet and make something to take home.



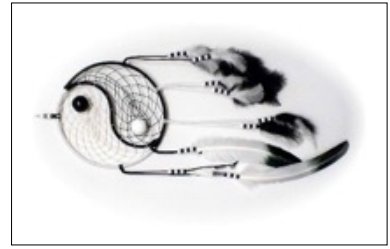
Quilling

Have fun learning how to roll, shape, and glue together strips of paper to create decorative designs.



Craft Club

Make worry catchers & bracelets to signify a positive outlook.



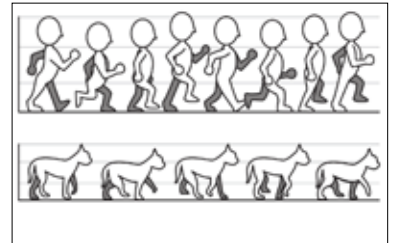
Cross-stitch Club

A relaxing environment to learn how to cross-stitch gift tags, cards and other items, possibly design your own bookmark if interested in design.



Animation Workshop

Zoetropes, flick books, stop motion, puppets, sand and silhouettes - discover the wider world of animation.



Guitar Workshop

Come and play/learn guitar with guitarists of all abilities.



Quick Bakes

Learn to bake a range of quick and easy recipes.



Quick Cooks

Learn to cook healthy, quick, and affordable family dinners.



Academic Extension:

SWA Study Skills – Revision Club

With exams approaching and deadlines to meet.

You can join one of our study groups.

- Year 11 English supervised study
- Year 11 Maths supervised study
- Year 11 Generic supervised study
- Year 10 Supervised study
- Key Stage 3 supervised study.



Careers and Pathways

What do you want to be?

Explore a wide range of careers and pathways - this will include guest speakers and workplace visits.

We will look at qualifications, skills, and salaries!

Find your future pathway with Ms Cavilla Perkins.

