

ENRICHMENT CLUBS SEPT 2016

American Football / Flag Football

An opportunity to try a new sport and ride the wave of super bowl fever. A club for all levels this will be touch as opposed to full contact.

Art

An opportunity for students to explore and develop their own ideas and create their own art projects.

Athletics – KS3

An opportunity to take part in various athletic events such as throws, jumps, short distance and long distance running and relay events.

Badminton

For all levels of ability, where students will be given the opportunity to play in mini matches and tournaments each week.

Basketball

For all levels of ability, where students will be given the opportunity to play in mini matches and tournaments each week.

Basketball – Teams

For those in the year 8 teams to help prepare and practice for school fixtures

Beauty Therapy enrichment

Learning basic techniques of manicures and pedicures, looking at how to take care of your skin with a mini facial. Try your own nail design

Beginners Spanish

A great opportunity for KS3 students to start to learn the basics of Spanish, this may help you in your future studies or your future holidays.

Beginners Guitar

A chance to practice and learn some of the basic skills of guitar playing. Learn new songs and chords together with friends. Guitars provided where necessary.

Board Games

Enjoy playing games? An opportunity to play board games with likeminded people in a relaxed atmosphere

Book Club

A chance to read and share some of your favourite books and stories. Discuss what you are currently reading or simply spend time engrossed in your favourite book

CAD/CAM Workshop

Develop your skills in Computer Aided Design and Manufacture through a series of tutorials and product design workshops. Produce rendered 3D designs on ProDesktop and Trimble Sketchup before turning them into reality on the Laser and Vinyl Cutters.

Cards and Crafts

Like making things? Are you a creative type? In Cards & Crafts Enrichment, we will be doing a range of crafty activities: origami, colouring in, bubble writing, graffiti-style drawing, pop up cards, doodling, friendship bracelets, hand puppets, mini-booklets, never-ending booklets, manga drawing, personalised gift tags, bookmarks, Spirograph, pom poms, humuments, paper stars and more!

Cheerleading

A fusion of street choreography with cheer technique, and some gymnastic skill thrown in as well. Good for anyone as it's a combination of all of the above. No previous experience needed. Fun classes and a great way to keep fit

Chess

A beginner or a grandmaster? Come and try chess and attempt to beat your opponent

Chill Out Club

Come and participate in games, art and crafts where you can meet new people and have fun.

Choir – Year 7

For anybody in Year 7 who loves singing, or wants to try it for the first time! No auditions – just come along and have some fun. We sing everything from pop chart songs to African songs. Last year we performed in lots of concerts

and went on lots of trips, including Haverhill Arts Festival, the school Christmas Concert and Snape Maltings in Aldeburgh. Lots of students from Year 7 Choir have now gone on to join our Senior Vocal Group

Circus Skills

Roll up roll up to the Big Top! Come and master some circus skills such as stilt walking, juggling, devil sticks, diablo and plate spinning. Put on your red nose and come and have some fun!

Code Academy

For students who want to know how to write their own programmes. We will help you to develop your confidence and abilities by starting with basic methods of creating structured code. If you stick at it, and additionally use your own time to explore and learn - you could be learning skills which really set you apart from others in the 21st Century. All abilities welcome!

Colouring Club:

A chance to spend time looking at different pictures and taking part in the relaxing and satisfying process of good old fashioned colouring in!

Craft Club

Various craft activities including card making, scrap booking, pergamano and stamping

Creative Projects Club

A Club to promote and inspire a love of reading and writing, but extend beyond the page and look to transform student written stories, scripts into short films, or small productions (the exact form to be decided by the group at the beginning of each term).

Creative Writing

'Everyone has a book inside of them – but it doesn't do any good until you pry it out!' – Jodi Picoult

Do you have a way with words? Do you have a brilliant idea for a story but don't know where to start? Do you have a literary work in progress that you would like to develop? Or do you simply enjoy writing?

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Cricket

A club for players of all ability and will consist of skills, drills and matches

Cupcake Decorating – Learn how to decorate the very popular cupcake. Also have the opportunity to bake cupcakes

Dance – students will have the opportunity to learn different dance techniques and work towards a final routine

Debating and public speaking Club

An opportunity to talk about and debate hot issues or areas important to you: Debates, balloon debates, public speaking competitions, group discussions, youth parliament, are all areas that will be covered in this exciting new club

Disco Freestyle

An exciting way to keep fit and have fun learning dances to the newest music, and a great opportunity to make new friends and develop new skills

Dodgeball

A variety of games in which players try to hit other players on the opposing team with balls while avoiding being hit themselves

Drama

A opportunity to act and perform

Extreme Gymnastics

Gymnastics linked with parkour and free running. Your chance to learn some of the fundamentals of gymnastics along with jumps and tumbles

Fashion Club:

A fashion activity club which could include designing clothes, making the clothes and potentially resulting in a fashion show.

Film Club

Members will experience the latest releases or older films

that will open up their imagination, experience new cultures and ways of thinking.

Football

For all levels of ability, where students will be given the opportunity to play in mini matches and tournaments each week. To be played outside whatever the weather.

Forest Field Club

For anyone wishing to experience being outside in a forest setting. You will get to light a fire and cook food on it too. How about making a shelter using the resources around you? What about making a swing from a tree branch and an old tyre? Plus lots more! If you feel an urge to become Bear Grylls, this is the club for you!

French Club

We aim to improve your French through a variety of fun activities and games. These games and activities will also help to improve your current French grade!

Friendship Bracelet Making:

A chance to design and make your own bracelets in various different styles, designs and colours.

Gardening Club

Enjoy creating a brand new garden including a small pond, and a wildlife area, then Gardening Club is just right for you. As well as caring for the plants, the Chalkstone Chickens will need to be looked after too. Hope to see you there.

Games Club

A mixture of traditional and modern games. Some interactive and some based on board games. A chance to meet and make new friends whilst having fun.

German Club:

An opportunity to learn a new language and about a different culture and country.

Golf

A chance to try and learn some of the basics of golf. An opportunity for new and existing players, with an

opportunity to take on new challenges and practise each week

History Super Sleuths

This is the club where you can unravel historical mysteries and conspiracy theories. You can investigate aspects of history that you don't do in class, and you can research the sort of history that interests you. You can analyse how historically accurate some famous films and books are.

Homework

An opportunity to catch up on homework in a learning environment where a member of staff will be on hand to assist.

ICT Club

You will concentrate on the physical side of IT. All general areas will be covered, some of which include building, maintenance, repairs, website design and upgrades. You will learn all about the hardware in a computer and what it all does.

Japanese Language & Culture

An opportunity to learn about the Language and Culture of Japan. Try some of the food, complete the chopstick challenge and learn more about what makes this Country so unique.

Jewellery Making

A chance to make your own jewellery, mainly using beads. Design and create your own classic pieces!

Jigsaw Club

Come along and build a range of individual and group jigsaws of various sizes and topics

Just for Men' All male singing group

Your chance to become involved in Samuel Wards first ever all male singing group. A great opportunity to sing, develop confidence, learn new skills, and have fun!

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Knitting Club

An opportunity to both learn and improve your knitting skills. Various items such as juggling balls and Christmas decorations will be made as you learn to knit and follow patterns

Language Leaders Award (French or German)

This is open to all students in Year 9 onwards, and runs for both French and German. During the p7 enrichment session, you will be taught how to teach others by games and activities, and you will prepare short activities to teach to others. There will be opportunities to teach small parts of year 7 & 8 MFL lessons to others, and to attend Primary schools to help teach languages to younger students. You must sign up for the whole year, and at the end you will gain an externally accredited award, which is something you can put on your CV for life! You don't need to be amazing at languages to take part - anyone can sign up!

Lego / Building Club

An opportunity to build and play with this iconic activity, popular with people of all ages

Life Space

A relaxed Café-style Club with drinks & cakes; an opportunity to discuss the big questions of life. It is a place where people can share their opinions and we can all discuss and support each other in the things that are relevant to you

Literacy Leaders Award

This is open to all students in Year 9 onwards. During the p7 enrichment session, you will be taught how to teach literacy to others by games and activities, and you will use the time to prepare some activities. There will be opportunities to teach small parts of year 7 & 8 English lessons to others, and to attend Primary schools to help with their literacy, listen to students read, run spelling bees etc. You must sign up for the whole year, and at the end you will gain an externally accredited award, which is something you can put on your CV for life! You don't need to be amazing at English/literacy to take part - anyone can sign up!

Magic Club

A chance to learn new tricks and ideas. Teach and share with your friends how tricks are done and amaze your mates

Manicures and Pedicures

Treat your hands and Feet to a manicure and pedicure... Learn how to file nails in a way that will encourage them to grow... Learn how to give the best hand / foot massage with relaxing warm oils.... try the hot wax hand softening treatment... (very limited spaces)

Maths Support

This club will give you an opportunity to catch up on Maths homework or just get some general help and support for Maths topics

Media Hub

Will give you the chance to put together films, photos and text to add to a blog about the creative things you and your friend's do. Become a fully-fledged blogger and try out being a reporter, an editor, a photographer or a cameraman/ woman

Mini Tennis

A shortened version of the game with smaller rackets on smaller courts and with different speed tennis balls. Run by a professional tennis coach

Mock Magistrates

The Magistrates' Court Mock Trial Competition introduces you to the legal system in an innovative and exciting way. In the roles of lawyers, witnesses, magistrates and court staff, you will be involved in prosecuting and defending specially written criminal cases. Teams compete against each other in real Magistrates' courts in front of real magistrates. You need to be aware, that because this is a national competition, **this enrichment runs for two terms**. It will involve a Saturday event in March. Long-term commitment is really important.

Multi- Sports

An opportunity to take part in a variety of team and individual sports, learn the rules and have fun!

Music Theory Class

This class is for people who would like to learn about reading and writing music in notation. It is very useful if you are learning an instrument or thinking of doing GCSE Music – or if you are just interested!

Musical club

This is a club for those who have an interest in Musicals and would like to watch, discuss and sing along to all kinds of musicals

Musical Theatre

Students will have the opportunity to choreograph and perform sections of some of the most popular shows in London's west end including 'The Lion King, Blood Brothers, Jersey Boys & Matilda'. Come and be part of this incredibly energetic, imaginative and enjoyable enrichment.

Netball

A club for players of all ability and will consist of skills, drills and matches

Newspaper team

Extra! Extra! Read all about it! If you like the idea of being a journalist, photographer, cartoonist or using media, this is your opportunity. You will be running your own school newspaper. We are looking for students who are creative and can write well, as well as students who can use media to create the newspaper (including taking the photos!) You will be overseen by a student editor, so it really is down to you: the students

Online Gaming

Your chance to play Wolfenstein: a science fiction first-person shooter video game and TrackMania: a game that lets you drive at mind-blowing speeds on fun and spectacular tracks

Orchestra – KS3

If you already play an instrument, or are having lessons in school we would welcome you to Junior Orchestra. You will be able to count this as practice time, learn how to play together with other pupils, and develop your sight reading

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and rhythmic skills. Occasionally we will perform for assemblies or special events. Bring along your flutes, cornets, violins etc to the Break Out area on a Wednesday and have musical fun!

Photography

All abilities welcome to come along and try your hand at photography

Piano Club:

For complete beginners or those who already play. A chance to learn new music and an instrument with your friends.

Pig Rearing Club:

A chance to learn about animal care, rearing piglets and following the whole process through to market. This club will also involve helping out during some mornings each week. You will learn about both the animals and the business side of the process.

Portrait Drawing Club

'Like drawing? Interested in learning some new techniques? This club is for budding artists looking for a chance to develop style in drawing people's faces. It is an opportunity to spend time with like-minded people and learn from each other's drawing skills. Bring your own notebook and pencils.

Primary School Reading Club

You Can Make a Difference! Would you like to go to Westfield Primary to do **paired-reading** with **younger children**? We will prepare you by showing you the best way to talk about stories and engage with children who are learning to read. If you like children, think you might like to work with children when you leave school, or simply want to add to your Midbac Community Participation, this is the perfect enrichment for you

Puzzle's club:

A chance to use your brain and work on a variety of different types of puzzles Sudoku, word searches, crosswords etc.

Random Acts of Kindness Group:

Join in the global trend of Random Acts of Kindness (RAKs)!

We will; discover the value of being kind in our world today; watch RAK YouTube clips; be inspired; plan and prepare RAKs together; carry out our RAK; smake people smile; change the world...one RAK at a time!

Rock School:

Ever wanted to be in a band but don't know how to play the drums, guitar or bass yet? Ever found yourself singing along to the radio and imagining you're on stage at Glastonbury? Maybe you already have the skills but simply haven't ever been able to get a group together, or you're already in a band and would like to develop your sound. If this sounds like you, then **Rock School** is the enrichment for you. Don't worry if you don't have an instrument, as we can provide drums, guitars and microphones

Rounders

A club for players of all abilities and will consist of skills, drills and matches

Samba band:

Embrace the colourful and noisy excitement of the carnival of Rio de Janeiro by recreating the music of Brazil. No prior musical experience is needed, just the enjoyment of rhythm and making a lot of (organised!) noise in a fun environment. So, if you've ever found yourself hitting pots and pans with kitchen utensils, this is probably the enrichment for you.

Science Club – A chance to expand on science lessons in a fun and interesting way

Short Tennis

This will take place in the sports hall and is for all year groups, where we will have weekly matches and competitions between the groups.

Sign Language

A great opportunity to learn the skill of "signing". This skill is becoming more and more used and the chance to learn the basics could help with many future job prospects as well as the ability to communicate with a wider range of the community

Sound Recordings and Music Technology

Using multi-track recording software participate in a range of fun activities from creating advertising jingles and radio plays to TV themes and national anthems. Discover how to layer sounds and uses for sound effects and samples. Remix the individual parts of a bands song and add your own elements to create something new in your own style. Work towards making a CD and MP3s of your work whilst becoming familiar with using the music software as you try various tasks along the way. You will then be ready to use the experience you have gained to try a direction of your own. Suitable for all musical abilities including beginners, just bring your creativity, enthusiasm and imagination

Speed Stacking

A chance to take part in this new and exciting sport. Take on your friends and try and set new records for different stack combinations.

Stain Glass

We will be decorating glass using translucent paints and apply a resin type 'leading'. We will make tea candle holders, sweet jars and light catchers. It is craft based and so an interest in art and design is essential. Pupils will be expected to provide their own glassware

Swing Band:

Open to all guitarists (bass, acoustic or electric), pianists, drummers, woodwind and brass players who read music, and solo singers who are keen to work with other musicians to produce exciting performances of quality music. If you enjoy the limelight, there is the opportunity to be a soloist within the group, or you can just enjoy making a fantastic sound within the band itself. Performances include the school Christmas and Summer concerts and other smaller performances in the local community.

Table Tennis

For all levels of ability, where students will be given the opportunity to play in mini matches and tournaments each week

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Touch Typing

If you're a one-finger typist who has to hunt for keys, learning to touch-type will increase your speed and ability to 'think and type' - which will really help you when writing up course work. Plus it's a really useful skill - more and more jobs now need staff who can word-process efficiently. The program you'll be using is **English type Senior**, which teaches using a combination of **short, motivating self-taught lessons and arcade-style games to encourage painless practice**. There are 12 lessons in total, and 3 games which are introduced at the end of different lessons. Playing the games is essential - this is where you test what you have learned

Trampolining

Students will be given the opportunity to learn and master the basics of trampolining.

Ukulele

Learn to play chords on the ukulele and this will enable you to play a variety of songs which we all play and sing along to. If you don't like to sing that is not a problem as you can just strum if you prefer

Variety Club

An opportunity for you to discuss and decide week by week what activity you would like to do - perhaps try your hand at knitting, bracelet making, salt dough craft, handwriting, read a book or play a game. See what ideas you can come up with and we might be able to give it a try!

Virtual Visits:

project based fieldtrip to a location of the students choice (from a list of places the resources are available for) whereby pupils will have the opportunity to use Google Earth and improve their navigation skills as well as collate their travel diary entries, images and maps onto a blog.

War Hammer

This club will provide a chance to play this iconic game with fellow war hammer players. Students will need to bring their own equipment

Well Being Club

This is the club to keep you fit and healthy! We will vary our activities weekly. Mostly we will be outside doing a range of walking and running activities, but if the weather is bad we will do some yoga indoors and may sometimes chat about healthy diet and exercise. Find us in C1!

Zumba

A high energy fitness class where you can wiggle your way to being fit!