

PERSONAL DEVELOPMENT

ENRICHMENT
2021/22



SAMUEL WARD

AMBITION SUCCESS PERSEVERANCE INSPIRATION RESEARCH EXPERIENCE

ASPIRE

Welcome and guidance

At Samuel Ward Academy we believe that enrichment is a right, not a privilege. Enrichment is a core part of our curriculum and this is why we are dedicating curriculum time to this.

We are delighted to introduce this year's Personal Development Enrichment Programme for Year 7 – Year 11 students. This will be a one-hour super-curricular experience per fortnight, on Wednesday period 5 in week B. We are offering an array of experiences including creative, cultural, environmental, and physical and emotional well-being activities.

All activities will be appropriate for ages 11-16 as groups will be vertical (mixed year groups). This is an excellent opportunity to try something new, and broaden your horizons. Please take your time to read through the experiences on offer.

Completion of choices

You will choose 3 enrichment activities to be experienced throughout the academic year. The order you experience these in will depend on the popularity of the activity. You will also need to select 2 reserve activities to allow for some flexibility in this provision (5 choices in total)

Oversubscription and undersubscription

If a club is oversubscribed, students may need to undertake a second choice. If a club is undersubscribed, the club may not run and students may be allocated one of their reserve choices.

Cultural Experiences:

Model United Nations

Simulation and academic activities in which students can learn about diplomacy, international relationship, and the United Nations.



Young Enterprise Club

Students come up with a business plan- budgeting and marketing; any proceeds will go to a charity of choice.



Linguists Olympiad

This is essentially language-based code-breaking - discover how you can see patterns and clues in language which can help you to understand words and phrases in languages which you might never have seen or even heard of before.



Cultural Diversity Club

Explore a range of different cultures and celebrate diversity in our SWA community.



SWAN- Samuel Ward Academy News

Producing a school newspaper and looking at the roles of journalists & editors.



Sports History

Enrichment session with a focus on influential personalities and historic moments across various sports.



Japanese Culture & Language

Learn conversational Japanese, write Japanese script and enjoy some cultural activities.



Books and biscuits

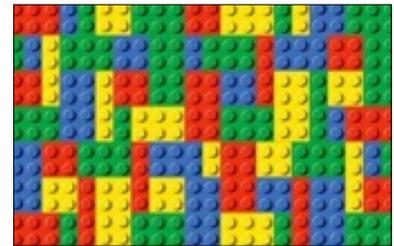
Reading and discussing a prize-winning novel over a half- term- with refreshments.



Emotional Wellbeing:

Lego Club

Centered around relaxation, mindfulness and fun to combat stress.



Freestyle drawing

Destress by drawing free-style on large sheets of paper while music plays to inspire you - draw solo or collaboratively with others.



Yoga

Let's relax and find our inner peace.



Meditation

Come and practise the art of meditation, learn the skills to relax and find inner calm.



Pet Care:

Come to 'The Study' and learn how to take care of domestic animals e.g. dogs



Physical Wellbeing:

5-a-side Football

Create your own 5-a-side dream teams and compete against each other in a SWA tournament.

**Samuel Ward Ramblers Society**

Come and explore our local area, and experience the hidden walkways that surround the school.

**Samuel Ward Running Club**

Running group designed to help students get physically and mentally healthier.

**Samuel Ward Netball Club**

Learn the core skills of netball, work up a sweat, and compete.

**Samuel Ward Table Tennis Club**

An opportunity to learn the rules and skills of table tennis and play in regular ladder competitions against players of a similar ability.



Samuel Ward Badminton Club

Enjoy a relaxing game of badminton and get active at the same time!



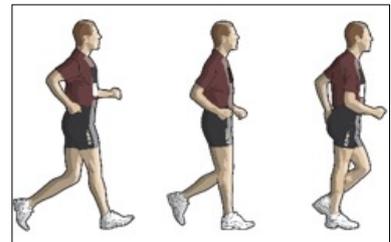
Dance for Fun

Do you want to strut your stuff? This is for anyone who wants to let their hair down and dance!



SWA Speed Walking Club

Rain, shine, snow, and mud -be prepared! We will walk to get fitter within the perimeter of our school.



Pound Fit-Rockout Workout

A drumming inspired fitness class using drumsticks (ripsticks), which is choreographed to various genres of music.



Academic Extension:

SWAA- Samuel Ward Academy Academics

Do you enjoy a challenge? Are you intellectually curious? In this club you will be taught how to set hypotheses, conduct research, and use Harvard referencing. You will explore areas of academia that are of interest to you and produce a mini report on your findings.



SWADS - SWA Debate Squad 2021/22

Come and learn the skill of effective debate; set motions, research your view point, and debate. This could potentially lead to a seat on the England Debate Squad.



Lexia/Spellzone Club

Do you have a Lexia or Spellzone licence? If so, you can come and develop your spelling and vocabulary.

The logo for Spellzone, featuring the word "spellzone" in a stylized, teal, lowercase font with a slight shadow effect.

Fun and Games:

Table top games

Come and explore table top games like Warhammer and other model-based games.



Chess Club

Develop critical thinking and outwit opponents in the ancient 'mind sport' game of chess.



Quizzing and Board Games

Come along and take part in different style quizzes covering a range of topics including some based on TV shows. Create your own quizzes to share with each other and possibly across the school as the weekly quiz.



Card Games

Come and play your favourite card games and learn some new ones! Bring your poker face.



Pokémon Professionals

Battle, draw and learn about all things Pokémon.



Environmental Awareness:

Eco-Warriors

Take part in forest school activities such as campfire cooking, whittling wood and 'Hape Zome' (Japanese leaf printing). Help to start work on the new forest school area design and the tree planting project in November 2021.



Creative Experiences:

'Just for men' – Male only choir

We sing many of their favourite songs by using complex harmonies and melodies. The 'Just for Men' group is for boys only! This group is a male only singing/performance group for boys who love to belt their favourite tunes accompanied, of course, by some funky moves...



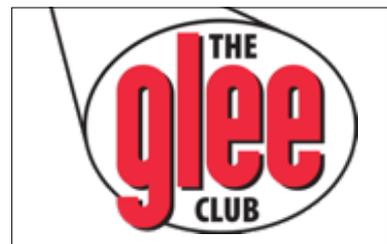
Mixed Choir

Come and sing a range of songs, using complex harmonies and melodies. This group is for any gender! However, you will need to brush up on your funky moves



The SWA Glee Club

Sing, dance, tap into your inner pop star and be part of a creative team - a dynamic, high energy approach to building confidence, improving self-esteem, making new friends and developing new skills to songs you know and love.



Mask making

An opportunity to create masks from everyday materials.



Garage Band - An Introduction to Sound Recording

Learn how to create, record and edit music and sound using multi-track recording software.



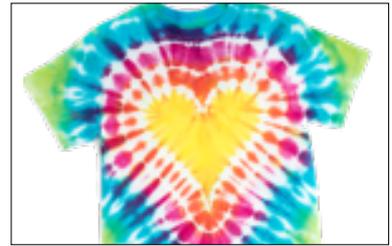
Mindfulness Colouring

Colouring is a form of meditation; join this session to colour your way to reach a state of calm that relieves your brain from the daily stresses of life.



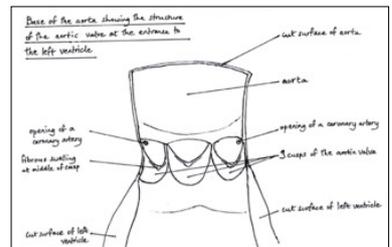
Science through Art

Exploring scientific concepts through arts and crafts activities such as tie dye, chlorophyll paintings and loads more!



Biological drawing

Developing our drawing skills using life models of Biological specimens including fish, lizard, spider, plants, fossils, and rock formations



Stone Painting

A different theme every week. Create beautiful painted stones to keep or hide for others to find.



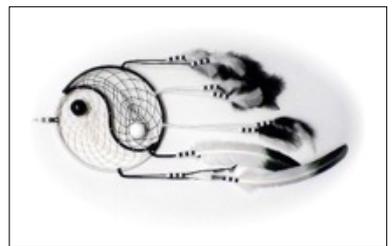
Crochet Club

Come and learn a dying skill, learn the basics of crochet and make something to take home.



Craft Club

Make worry catchers & bracelets to signify a positive outlook.



Cross-stitch Club

A relaxing environment to learn how to cross-stitch gift tags, cards and other items, possibly design your own bookmark if interested in design.



Decoupage

The art or craft of decorating objects with paper cut-outs. Let's get creative!



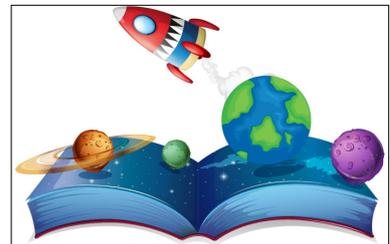
Maths meets Art

Create designs such as Celtic knotwork, mystic rose, pursuit of curves... and colour.



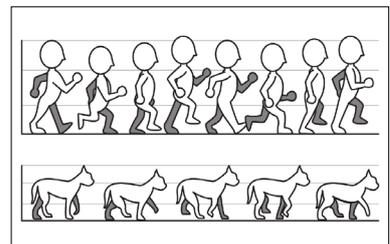
Build your own pop up books

Design and build pop up books to illustrate your own or favourite stories.



Animation Workshop

Zoetropes, flick books, stop motion, puppets, sand and silhouettes - discover the wider world of animation.



Guitar Workshop

Come and play/learn guitar with guitarists of all abilities.



Quick Bakes

Learn to bake a range of quick and easy recipes.



Quick Cooks

Learn to cook healthy, quick, and affordable family dinners.



Ukulele

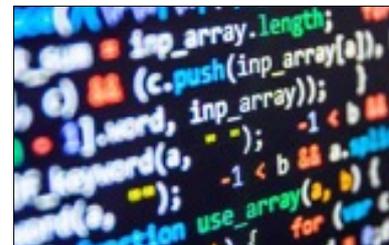
Singling, strumming & fingerpicking. Ukulele for beginners and upwards.



Information Technology:

Coding Club

Learning programming using Scratch and Micro Bit computers.



Building a Database

Build a database using MS Access to analyse data imported from the Smithsonian dataset and create queries to discover which volcanoes are the most explosive.

