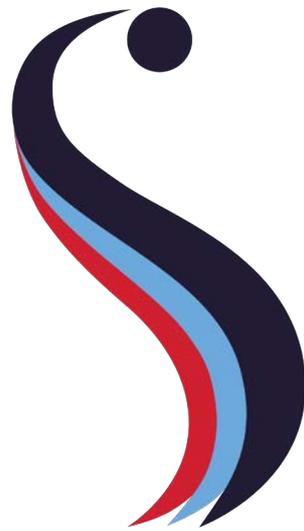


PERSONAL
DEVELOPMENT
ENRICHMENT
2022

April - July



SAMUEL WARD

AMBITION SUCCESS PERSEVERANCE INSPIRATION RESEARCH EXPERIENCE

ASPIRE

Welcome and guidance

At Samuel Ward Academy we believe that enrichment is a right, not a privilege. Enrichment is a core part of our curriculum and this is why we are dedicating curriculum time to this.

We are delighted to introduce this year's Personal Development Enrichment Programme for Year 7 – Year 11 students. This will be a one-hour super-curricular experience per fortnight, on Wednesday period 5 in week B. We are offering an array of experiences including creative, cultural, environmental, and physical and emotional well-being activities.

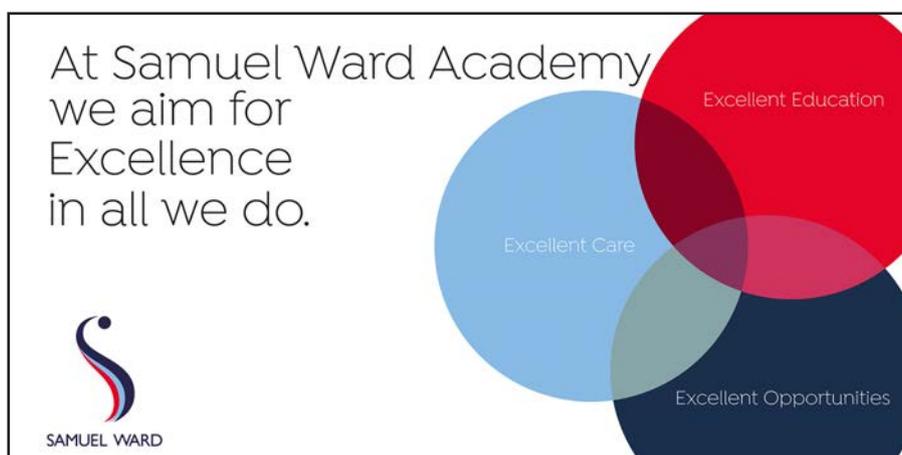
All activities will be appropriate for ages 11-16 as groups will be vertical (mixed year groups). This is an excellent opportunity to try something new, and broaden your horizons. Please take your time to read through the experiences on offer.

Completion of choices

You will choose 4 enrichment options from the list. You will be allocated one of these options for April - July.

Oversubscription and undersubscription

Whilst we will try our hardest to allocate you with one of your 4 choices; if we are unable to do so we will come and see you in person to ensure you are given an enrichment option that you will enjoy. If you have been allocated one of your 4 options, you will not be able to change this during term 2 so please choose wisely.



Cultural Experiences:

Young Entrepreneurs Club:

Students will be given a £10 investment from Mr Hunter. Their task is to come up with a business/ marketing plan to see their investment grow; any proceeds can go to a charity of choice.



Ukulele

Singling, strumming & fingerpicking. Ukulele for beginners and upwards.



Samuel Ward Creative Writing Club

Let your creativity flow... with the help of an expert, plan and write stories and let your imagination run wild!



Let's Talk Sport

Enrichment session with a focus on influential personalities and historic moments across various sports.



Japanese Culture & Language

Learn conversational Japanese, write Japanese script and enjoy some cultural activities.



Books and Biscuits KS3

Reading and discussing a prize-winning novel over a half- term- with refreshments.



Italian Culture & Language

Learn conversational Italian and explore the Italian culture.



Film Club KS3

Come and watch/critique some childhood film classics.



Film Club KS4

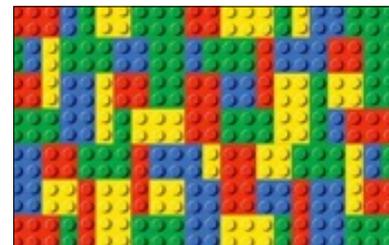
Come and watch/critique some film classics.



Emotional Wellbeing:

Lego Club

Centered around relaxation, mindfulness and fun to combat stress.



Freestyle Drawing

Destress by drawing free-style on large sheets of paper while music plays to inspire you - draw solo or collaboratively with others.



Artistic Adventures

Come and let your creative ideas flow in the Art Barn.



Physical Wellbeing:

5-a-side Football

Create your own 5-a-side dream teams and compete against each other in a SWA tournament.



Dodgeball

Need I try to sell this one? Come and have fun, and improve your fitness.



Samuel Ward Netball Club

Learn the core skills of netball, work up a sweat, and compete.



Rounders

Come and play rounders in the sunshine.



Just Dance

Do you want to strut your stuff? This is for anyone who wants to let their hair down and dance!



Gym Workout

Do you want to get fitter and faster? Why not spend an hour in the SWA gym and work off those Christmas puddings?



Running Club

Do you fancy a jog, run, or race? We have beginners, intermediate, and advanced running club offer.



Ramblers Walking club

Pop on your trainers and explore some picturesque walks around rural Haverhill.



Academic Extension:

SWA Study Skills – Revision Club

With exams approaching and deadlines to meet. You can join one of our study groups.

- Year 11 English supervised study
- Year 11 Maths supervised study
- Year 11 Generic supervised study
- Year 10 Supervised study
- Key Stage 3 supervised study.



Fun and Games:

Table Top Games

Come and explore table top games like Warhammer and other model-based games.



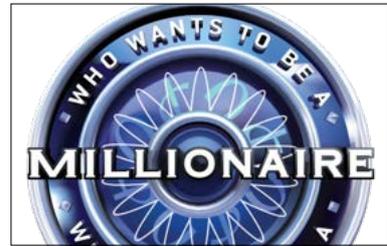
Chess Club

Develop critical thinking and outwit opponents in the ancient 'mind sport' game of chess.



Board Games

Come and play some classic board games e.g. snakes and ladders and Guess Who?



Card Games

Come and play your favourite card games and learn some new ones! Bring your poker face.



Environmental Awareness:

Campfire Cooking

Explore the great outdoors; cook on the campfire and explore the school grounds.



Taylor Swift Society (TSS):

Are you a Swifty? Join fellow fans to celebrate this icon.



David Attenborough Society (DAS):

Who doesn't adore the legendary Sir David Attenborough? Come and celebrate his career and award-winning documentaries.



Creative Experiences:

Mixed Choir/Samba Band

Come and sing a range of songs, using complex harmonies and melodies. This group is for any gender! However, you will need to brush up on your funky moves



The SWA Drama and Performing Arts Club:

Perform, sing, or dance. This is a high energy approach to building confidence and improving self-esteem, whilst having lots of fun!



Garage Band - An Introduction to Sound Recording KS3

Learn how to create, record and edit music and sound using multi-track recording software.



Mindfulness Colouring

Colouring is a form of meditation; join this session to colour your way to reach a state of calm that relieves your brain from the daily stresses of life.



Science through Art

Exploring scientific concepts through arts and crafts activities such as tie dye, chlorophyll paintings and loads more!



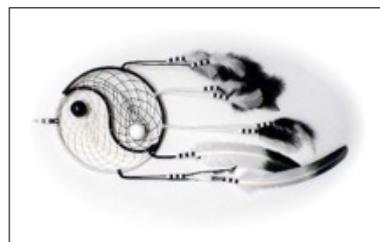
Crochet Club

Come and learn a dying skill, learn the basics of crochet and make something to take home.



Craft Club

Make worry catchers & bracelets to signify a positive outlook.



Cross-stitch Club

A relaxing environment to learn how to cross-stitch gift tags, cards and other items, possibly design your own bookmark if interested in design.



Digital Imaging

Come and learn new skills to create posters/ greetings cards with Photoshop.



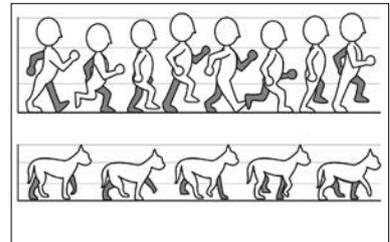
Poetic Pop music:

Exploring how the language and structure of pop music connect us to time and place.



Animation Workshop

Zoetropes, flick books, stop motion, puppets, sand and silhouettes - discover the wider world of animation.



Guitar Workshop

Come and play/learn guitar with guitarists of all abilities.



Quick Bakes

Learn to bake a range of quick and easy recipes.



Quick Cooks

Learn to cook healthy, quick, and affordable family dinners.

